

The Building Blocks of Early Intervention

Presented by Continuing Physical Therapy Education, University of Saskatchewan

Course Description

This 3-day course highlights the developing systems in children from birth to one year and how disruption in any one of these systems can impact the babies' ability to interact with the world. Day 1 is devoted to the current research on attachment theory, the neurochemistry of attachment and how this impacts on emotional, sensory and motor development. Day 2 focuses on typical motor development from a systems perspective and introduces a model for assessing how babies seek to organize their postural control when they are experiencing difficulties in any system. Day 3 integrates the theoretical information with practical, hands-on treatment labs addressing handling skills, sensory processing intervention and the use of relationship to support the baby in their exploration of the world around them.

Learning Objectives:

On completion of this course, the therapist will be able to:

1. Understand how the process of attachment influences self-regulation, sensory processing and motor behavior.
2. Compare and contrast typical and atypical development from a systems perspective.
3. Use the model provided to assess how babies are seeking to organize their postural control to support function.
4. Combine handling skills, sensory processing intervention and the use of relationship in treatment.

Target Audience: OTs, PTs and SLPs working with children

Speakers:

Kim Barthel, BMR, OTR is an author, consultant, occupational therapist, and owner of Labyrinth Journeys, a company dedicated to providing

professional and personal growth workshops. Kim is a Neuro-Developmental Treatment-OT Instructor and a teacher of Sensory Integration Therapy, with post-graduate study in neuro-sciences and a range of complementary healing practices. Having authored the pediatric textbook; Evidence and Art: Merging Forces in Pediatric Therapy, Kim proficiently blends and bridges the most up to date science of connection and attachment theory with the intuitive aspect of the therapeutic process. Kim's recent professional challenges include team strategy facilitation for acute pediatric/adolescent mental health cases, and creating sustainable care strategies in a wide variety of cultures throughout the world. Kim currently lives in Victoria, BC with her husband and thirteen year old daughter.

Shelley Mannell BSc, BHScPT

Shelley is a Physical Therapist and owner of HeartSpace, a private practice in St. Catharines, Ontario where she treats children with motor dysfunction. Shelley is NDT trained and has advanced clinical skills in NDT, Myofascial Release, Craniosacral Therapy and Sensory Processing Intervention. She was a clinical faculty member in the Faculty of Rehabilitation Science at McMaster University, teaching in the School of Physiotherapy for 10 years. Shelley is also a certified children's yoga teacher and meditation facilitator as well as the creator of Movement and Meditation, a yoga and meditation series for children of all ages and abilities. Shelley combines the science of movement, the theoretical basis of treatment and the art of clinical skills in a problem-solving approach to treatment, blending different treatment approaches to facilitate optimum functional skills for each child. She believes that mutual trust is critical when working with babies and that this relationship is developed through respect for both the physical and emotional body.

Shelley and Kim have been teaching together for 10 years.

COURSE INFORMATION:

Date and Time: **March 25, 26 & 27, 2010 (Thursday, Friday and Saturday)**
8:00a.m – 5:00 p.m. (tentative timeframe)
Location: REGINA – Wascana Rehabilitation Centre Hostel Classrooms
Registration Fee: **\$600 & \$30 GST = \$630/early** (before January 29, 2010)
\$750 & \$37.50 GST = \$787.50/late (after January 29, 2010) *Registration fee includes course syllabus and refreshment breaks. Lunch is on your own.*
Registration Deadline: **Friday, January 29, 2010**

On this date, a decision will be made whether there is sufficient registration to run the course. Pre-registration is required. Space is limited so please apply early. Applications will be considered after the registration deadline until the course fills or until a week before the course, whichever comes first.

CPTe provides courses for educational purposes, but in so doing, it does not imply endorsement of those courses or course content. Registrants are urged to be critical thinkers and active learners in all educational sessions.

Registration Deadline: Friday, January 29, 2010 *On this date, a decision will be made whether there is sufficient registration to run the course. Pre-registration is required. Space is limited so please apply early.*

Registrant's Name _____ Discipline _____

Address _____
(Street) _____ (City) _____

Email: _____
(Province) _____ (Postal Code) _____

Telephone (Res.) _____ (Bus) _____ (Fax) _____

The above information is required so that CPTe can contact you with additional course information, confirmation and any announcements related to this course. This will be the sole use of the information that you provide unless you initial the following option:

_____ I agree that CPTe can include my mailing address, email address and business phone number associated with my name on a list that may be distributed to the course instructor and/or other course registrants for this particular course.

Registration Fee: \$600 & \$30 GST = \$630/early (before January 29, 2010)

\$750 & \$37.50 GST = \$787.50/late (after January 29, 2010) **if paying by cheque.**

If paying by credit card, add \$15 (Additional charge to cover transaction fees for credit card payment).

Method of Payment: Select One: _____ Company Cheque _____ Personal Cheque _____ Credit Card

For credit card payment: _____ Visa _____ Mastercard Card No: _____ Expiry date: _____

Name on card: _____ Authorizing signature: _____

(Cheque made payable to University of Saskatchewan - CPTe. Cheque may be post-dated to January 29, 2010.)

Cheques will be cashed on or after January 29, 2010.

Courses are subject to cancellation if minimum number of applicants are not received by January 29, 2010. In this case, a full refund will be provided. Refund for withdrawal from the course shall be subject to date of notification of withdrawal. If notification of withdrawal is received by the CPTe Program Coordinator prior to 1:00 pm on January 29, 2010, a handling fee of \$30.00 will be withheld on all refunds. If notification of withdrawal is received after that time, the participant **will not be refunded unless the position can be filled**. Even if the course has been confirmed, CPTe is not responsible for travel/accommodation costs booked in advance, in the event of sudden unavoidable cancellation of the course (ie. instructor illness, Acts of God). If maximum number of applicants is received, names will be put on a waiting list in case of applicant withdrawal.

CONSENT AND WAIVER FORM: (This waiver MUST be signed and enclosed with registration form and fee.)

This course may contain lectures, discussion, demonstrations and practical sessions where you could be asked to act as a model for the instructor, assistant or for fellow participants during the course. The instructor, assistant or fellow participant may or may not be licensed. Acting as a model could involve following instructions, undergoing assessment or evaluation procedures, and/or undergoing treatment procedures. If, at any time, you feel uncomfortable or wish to refuse to participate, you must do so by telling the instructor prior to, or during the session. Signing below indicates that you have given consent to full participation in the course, including acting as a model for demonstrations and practical sessions, unless you express your refusal to the course instructor before or during participation in the course.

I accept all physical and legal risks in participating in this course. I hereby waive and release Continuing Physical Therapy Education, the University of Saskatchewan, the Saskatchewan Physiotherapy Association Inc., and the premises owner/occupier, as well as all employees, instructor(s) and assistant(s) from all of the above from any claims of loss, damage or injury which in any way results directly or indirectly from this course.

I have read and understand the waiver of liability appearing above and I INDICATE MY ACCEPTANCE OF THE SAID WAIVER BY SIGNING BELOW.

(Participant's Signature)

(Date)

Return completed registration form, waiver and payment so that they are received by Friday, January 29, 2010.

Mail to:

**Continuing Physical Therapy Education
Room 116 - 1121 College Drive, Saskatoon, SK S7N 0W3**

For more information, contact: Pat Tremaine Ph: (306) 966-2043 Fax: (306) 966-1986 Email: pat.tremaine@usask.ca