OVERVIEW

Many of the referrals received by the BC Neuropsychiatry Program (BCNP) come from hospitals and care facilities who are struggling to cope with patients who exhibit various levels of aggression. Dr. Paul Dagg and nurse educator Allie Kerr from the Hillside Neuropsychiatry Unit in Kamloops will provide a platform presentation plenary session on the management and treatment of violent behavior.

Somatoform disorders can be challenging to treat and often require consistent supportive management over the long-term. Dr. Anton Scamvougeras from the UBC Neuropsychiatry program will provide a platform presentation plenary session on understanding and managing somatoform disorders.

The afternoon portion of the conference is made up of two concurrent small group workshops moderated by clinicians from the Neuropsychiatry program; one on aggression in clinical practice and the other on somatoform disorders. Both workshops are based upon a challenging relevant clinical case vignette that serves as the focus for discussion. The afternoon program is designed so that all participants will be exposed to both workshops, emphasizing participant involvement. Time permitting, participants may bring their own cases for discussion — please come prepared.

Dr. Hurwitz will provide a short plenary session defining the spectrum of Neuropsychiatric disorders and holding mainstream psychiatry to account for seemingly abandoning these patients. The final session will be presented by Peter Dawson, Coordinator of the BCNP, who will outline the program’s referral process and admission criteria explaining how to get your patient treated.

TARGET AUDIENCE

The BC Neuropsychiatry Program’s 2009 conference is aimed at all professionals who work in mental health and includes physicians, nurses, psychologists, social workers, physiotherapists, rehabilitation and care aides. The content covers the difficult issue of violence and its management in clinical practice and the frequent and perplexing somatoform disorders where psychiatric illness presents as physical disease. The conference will also provide a bird’s eye view of Neuropsychiatry, defining the patient population and whom and how to refer for assessment and treatment in the provincial Neuropsychiatry program.
PROGRAM

0800 - 0830  Registration

0830 - 0845  Introductions/Opening Remarks  
Peter Dawson, Leslie Arnold

0845 - 0915  Case Definition in Neuropsychiatry  
Dr. Trevor A. Hurwitz

0925 - 1025  Managing & Treating Neuropsychiatric Patients with Violent Behavior  
Dr. Paul Dagg, Allie Kerr

1025 - 1100  Break

1100 - 1200  Understanding and Managing Somatoform Disorders  
Dr. Anton Scamvougeras

1200 - 1315  Lunch

1315 - 1415  * Concurrent Small Group Workshops (1,2,3)

1415 - 1430  Break

1430 - 1530  * Repeat (1,2,3) - Concurrent Small Group Workshops

1530 - 1600  Break

1600 - 1615  Psychiatric Presentation of Brain Injury: Still in the DSM IV and still our responsibility  
Dr. Trevor A. Hurwitz

1615 - 1630  How to get your Patients Treated  
Peter Dawson

* Concurrent Small Group Workshops
The concurrent workshops will provide an opportunity to discuss the management of aggression/somatoform disorder in the context of a case presentation. Each workshop will be led by a physician from the BC Neuropsychiatry Program with input from the plenary speakers who will circulate between the small groups.

The afternoon is designed so that all participants are exposed to both workshops, emphasizing participant involvement.

A. Aggression in Clinical Practice  1. Dr. Robert M. Stowe  
2. Dr. Trevor A. Hurwitz  
3. Dr. Andrew Howard

B. Somatoform in Clinical Practice  1. Dr. Leon Berzen  
2. Dr. Joseph Tham  
3. Dr. Magda Ilcewicz-Klimek

Please Note: Afternoon Concurrent Small Group Workshops will be pre-assigned at time of registration.

FACULTY

Anton Scamvougeras, MBChB, FRCP  Consultant Neuropsychiatrist,  UBC Neuropsychiatry Unit;  Clinical Associate Professor,  UBC Department of Psychiatry

Allie Kerr, RN, MA-Leadership GNC (C)  Educator  Tertiary Mental Health & Addictions  Hillside Psychiatric Centre

Paul Dagg, MD, FRCP  Clinical Associate Professor,  UBC Dept. of Psychiatry;  Clinical Director,  Tertiary Mental Health Services,  Interior Health Authority

Leon Berzen, MBChB, FRCP (SA), FFpsych  Clinical Assistant Professor,  Department of Psychiatry UBC

Robert M. Stowe, MD, FRCP, UCNS  Clinical Associate Professor,  Department of Psychiatry UBC

Magda Ilcewicz-Klimek, MD FRCP  Clinical Instructor  Neuropsychiatry Program UBC Hospital  Department of Psychiatry UBC

Andrew Howard, MD, FRCP  Clinical Associate Professor,  Neuropsychiatry Program UBC Hospital  Department of Psychiatry UBC

Trevor A. Hurwitz, MBChB, MRCP (UK), FRCP  Director, Clinical Professor,  Department of Psychiatry UBC;  Medical Director,  BC Neuropsychiatry Program

Peter Dawson, RN, MSN  Program Coordinator  BC Neuropsychiatry Program

Joseph Tham, MD, BMSc, FRCP  Clinical Assistant Professor,  Department of Psychiatry UBC,  BC Neuropsychiatry Program
PLENARY SESSIONS

Case Definition in Neuropsychiatry
This brief overview will provide a definition of Neuropsychiatry and the range of disorders that fall under its umbrella. Neuropsychiatry is a tertiary sub-specialty that provides assessment and treatment of psychiatric illnesses caused by traumatic and non-traumatic brain injury, brain electrical malfunction and extrinsic toxic metabolic disturbances. In addition, by virtue of the clinical presentation, psychiatric illnesses that present as neurological or physical disease (the somatoform disorders) comprise an important component of conditions that come to neuropsychiatric attention. The potential population that can be served by neuropsychiatry is vast. Most individuals with such conditions can be successfully managed in the primary and secondary care systems. A small proportion, who, by virtue of complexity of presentation, intensity of symptoms or resistance to treatment, will be referred to the tertiary neuropsychiatry program.

Managing and Treating Neuropsychiatric Patients with Violent Behavior
People with neuropsychiatric illness and/or injury may present with violent behaviors that make their care very challenging. Management of such individuals requires a comprehensive approach to care that involves appropriate diagnosis and assessment of underlying causes for the behavior and a range of treatments including behavioral interventions, alterations in care procedures and targeted medications. Staff capacity to manage violent behaviors is extremely important as the process of assessment and treatment, even when fully effective can take quite a bit of time to work. During the talk the presenters will discuss the approach used at Hillside Centre in Kamloops to develop staff capacity in a new environment to deal with extremely challenging patients. Approaches to diagnosis and assessment of the behavior will be reviewed as will approaches to management and treatment emphasizing evidence based approaches where they exist.

Understanding and Managing Somatoform Disorders
Somatoform Disorders are characterized by physical complaints that appear to be medical in origin but cannot be explained in terms of a physical disease. About 20% of individuals seeking primary medical care do so because of these conditions, and this arguably represents the commonest clinical presentation of emotional distress. More refractory forms of the condition consume very large amounts of medical resources, and are often seen to be untreatable. A practical approach to understanding and managing Somatoform Disorders will be presented.

Psychiatric Presentations of Brain Injury: Still in the DSM IV and are our Responsibility
This presentation will review the DSM IV diagnostic categories that are due to brain injury and the challenges securing resources to treat and accommodate this psychiatric population.

How to get your Patients Treated
Peter Dawson coordinator of the BCNP will end the day by outlining the program’s referral process and providing a description and commentary on the referral criteria used to triage referrals. By the end of the this brief session participants will understand what is required in order to have their referral accepted by the program for treatment.

PLANNING COMMITTEE

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BC Neuropsychiatry Program

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BC Neuropsychiatry Program

Jan Holen, MD
Family practice
Delta View Care Centre for Geriatrics
and Neuropsychiatry

Barb Bell
Conference Planning Coordinator
BC Mental Health & Addiction Services
Riverview Hospital

LOCATION
Coast Plaza Hotel & Suites located in the heart of Downtown Vancouver’s West End with easy access to the city’s many attractions, fine dining and entertainment venues.

For more information or reservation call
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Prov: _____________ Postal Code: _____________ Phone: Work: (___) _____- _______________ Home: (___) ____ - _____________
Employer: _______________________________________________
Occupation: ____________________________________________

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Learning & Development, BC Mental Health & Addiction Services,
2601 Lougheed Highway, Coquitlam, BC, Canada V3C 4J2
Attention: Merle Wray

Conference Registrar: Merle Wray
tel: 604-524-7518 : Fax: 604-524-7173
Email: mwray@phsa.bc.ca

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Net proceeds from this event will be dedicated to support future BC Mental Health & Addiction Services conferences and continuing education activities

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