

Parent Training for Disruptive Behaviors in Autism Spectrum Disorder: A Workshop for Clinicians

Presented by Karen Bearss, PhD



About the Presenter: Karen Bearss is Acting Assistant Professor in the Department of Psychiatry and Behavioral Sciences at the University of Washington. At UW, she works at the Seattle Children's Autism Center where she continues to focus on developing and evaluating evidence-based parenting interventions for children with autism spectrum disorder (ASD). Clinical pursuits include overseeing multidisciplinary evaluations for young children with ASD and related disorders.

WHEN: Friday, January 19, 2018 — 9:30 AM to 4:30 PM

WHERE: G.F. Strong Rehabilitation Centre — Auditorium

Autism spectrum disorder (ASD) is a chronic neurodevelopmental condition of early childhood onset characterized by social communication deficits, restricted interests, and repetitive behaviors, affecting 1 in 68 children. The Research Unit on Behavioral Interventions (RUBI) Autism Network developed a manualized parent training program specifically for families of children with ASD and co-occurring disruptive behaviors. The program utilizes techniques grounded in Applied Behavior Analysis to teach parents how to manage their child's behavioral problems. We conducted a series of studies on the RUBI-PT program and found that it is acceptable to parents, can be reliably delivered by trained therapists, and reduces children's noncompliant and disruptive behavior. Because it is a time-limited intervention (11-13 weekly outpatient visits), this PT program can be implemented in a range of settings, including clinics and schools. The purpose of this workshop is to provide a greater understanding of the prevalence, impact, and treatment of disruptive behaviors in ASD and how parent training is a promising line of treatment for these challenging behaviors.

After a brief overview of autism spectrum disorder, this workshop will cover the following learning objectives:

- Discuss the rationale for parent training (PT) as a front-line treatment for children with ASD
- Compare the various types of PT for children with ASD, including current research findings
- Review content and delivery of the RUBI-PT program for children with ASD and co-occurring disruptive behaviors
- Summarize findings from a large-scale randomized clinical trial of the RUBI-PT intervention
- Describe novel applications of RUBI-PT using telehealth and group delivery formats
- Discuss implementation of RUBI in clinical settings, including case examples

Registration & Fees:

\$175 Early Bird (register by December 15, 2017 via the [PHSA Learning Hub](#))

\$200 Regular Rate (register after December 15, 2017 via the [PHSA Learning Hub](#))

\$125 Student Rate (email your [Student Registration Form](#) to sgill5@cw.bc.ca)

Cancellations & Refunds will be provided up to Jan 5, 2018 and are subject to a \$25 administrative fee.

For additional information, please contact Serena Gill at sgill5@cw.bc.ca